



# Staying Safe

*\* This notice is in response to recent violence and threats of violence to migrant groups from racist individuals and groups known as the Far Right \**

You have the right to feel safe in your local community.  
You also have the right to carry out your usual, daily activities.

Here are some things you can do to stay safe

- **Ask trusted people about any recent risks.** This could include whether there have been any local attacks or threats in your area. This will help you to make good decisions about where it is safe and which places to avoid at certain times
- **Travel with someone if possible**
- **Keep your phone charged and carry a charger with you**
- **Have important numbers saved on your phone**
- **Let people know where you are going and what time you expect to return**
- **Assess whether it is safe to meet in a large group.** Large groups in public spaces may be at increased risk
- **Stay connected to your community** for support and information
- **In an emergency, if you or someone nearby are faced with or threatened with violence, call [999](#)**
- You can also **report a hate crime** by calling 101 or for anti-Muslim hate crimes call Tell Mama on 0800 456 1226



Going to the GP.  
Back by 4pm

OK!



999

