

PREPARE IN CASE OF IMMIGRATION DETENTION

We don't need to wait until someone is in danger to prepare. Talking and planning together helps us stay calm, protect our rights, protect each other and act quickly

RIGHT TO REMAIN

STAY CONNECTED

- ☐ Talk with your local support group, friends, family, drop-in or faith community.
- ☐ Tell them if you're worried about detention so they can help you to keep safe, be prepared, support you and take action if needed.
- ☐ Ask if people can write letters for you or be bail supporters if needed. Think ahead...
- ☐ If you might want a public campaign (for release or to stop deportation), discuss what information you're happy to share and what should stay private.

MEDICATION

- ☐ Take your medication when you go to report.
- ☐ Bring a paper prescription and, if possible, a short GP letter explaining what you need and why it shouldn't be changed.

ASYLUM ACCOMMODATION

- ☐ Keep copies of your Home Office support letters that show you have been granted asylum support
- ☐ Choose one trusted person who can contact Migrant Help if you're detained.
- ☐ Give them written permission (authority to act) to say you are absent, not abandoned, and ask that your support continues.
- ☐ Sign and date the form every 6 months – old forms aren't accepted.
- ☐ Set a phone reminder (and ask your trusted person to do the same) to renew the form every 6 months.



EMERGENCY CONTACTS

- ☐ Write down important numbers:
 - Your lawyer and case reference number
 - Close friends/family
 - Anyone caring for your children
 - Your doctor or hospital
 - Your community or faith leader
- ☐ Keep one copy inside your phone case and give another to someone you trust.
- ☐ Save these numbers on your SIM card (not just your phone).



DOCUMENTS

- ☐ Copy or photograph important papers (ID, Home Office letters, medical or legal papers).
- ☐ Email them to yourself and give a copy to a trusted friend.
- ☐ When you go to report, only take your most recent and essential documents.



KEYS

- ☐ If allowed, give a spare key or a short consent letter so a trusted person can collect essentials if you're detained (check asylum-housing rules first).

REPORTING/SIGNING

- ☐ Tell a trusted person when you are going to report (sign) at the Home Office and which reporting centre.
- ☐ Agree with them how you are going to check in before and after you go to report. Agree a plan about what to do if you are detained.